GP Care offer the removal of skin lesions such as lumps, moles, cysts, eyelid cysts and skin tags in a number of clinics across the South West.

Why Have Minor Skin Surgery?
If you have a skin lesion and would like it removed, it is usually a simple procedure. Moles, lipomas, meibomian cysts (chalazia), skin tags and cysts are skin growths that can look unsightly but are often completely harmless and can be removed under local anaesthetic.

Consultation
We offer one-stop appointments that include a consultation followed by the procedure, however we can offer a separate consultation if you prefer. During the consultation, our experienced GPs will ask questions about your lesion including how long it has been there, whether it has increased in size, and details about how it affects daily life. They will also discuss your general health, past medical history, any allergies and your current medication. They will explain the procedure and discuss whether there is a likelihood of recurrence and scarring, and how to prevent infection. After this, you will be asked to sign a consent form to allow the procedure to go ahead.

We understand that any medical procedure can be a cause of anxiety. That’s why our experienced staff are there to support you throughout your appointment.

The procedure
Our Doctors use a variety of surgical techniques to remove skin lesions including excision and cautery. The procedure sometimes involves stitches. The Doctor will advise you when to make an appointment at your own surgery to have the stitches removed.

Making an appointment
To make an appointment or for further information about the location of our clinics, please call: 0333 332 2107.
During this conversation we will ask for information about your lesion(s), including a photograph clearly showing the size and location, and establish whether you are taking any medication. We will also need to take payment at the time of booking.

We will send you a confirmation email or letter, directions to your chosen clinic, your payment receipt and a consent form which you should read but which you do not need to sign until you are certain you wish to proceed with the removal of your lesion.
Local anaesthetic
The anaesthetic we use is similar to that used in dental surgeries so you will be awake throughout your appointment. This means you can ask questions while your procedure is taking place. You will feel an initial sting from the local anaesthetic injection, it makes the area being treated feel numb, this effect will wear off after a few hours.

After your appointment
After your appointment we will send your GP a written discharge summary. Although it is unlikely that your lesion represents a danger to your health, we may send it to the laboratory for analysis and let you and your GP know the result as soon as we receive it. Should you have any queries after your procedure, our team are here to support you so please don’t hesitate to call.

Infection
There is an extremely low risk of post operative infection for this type of surgery. You will be given advice about how to care for your wound. If you experience symptoms such as redness and heat on the lesion or begin to feel unwell please contact your GP as soon as possible.

Scarring
Most scars will be pale but occasionally they can become pigmented or darkened. Scars will usually fade but can persist. The degree of scarring depends on your age, where the lesion is and whether there is infection.

Recurrence
There is a risk that the lesion may return after treatment. This can occur with any lesion but is most common with epidermal or sebaceous cysts and lipomas. This will be discussed during the consultation.

Payment
For up to date pricing please visit our website at www.gpcare.org.uk and find the details under the ‘private services’ section. Please be advised that the full payment for the procedure will be taken at the time of booking. If you have a one-stop appointment but decide not to go ahead with the procedure once the consultation has taken place, the surgical fee will be refunded to you.

Who are GP Care?
GP Care is a recognised provider of community based healthcare services including diagnostics, outpatient and ancillary services to NHS and private patients.

Who will perform the Surgery?
Your lesion will be removed by a Minor Skin Surgery clinician who are all experienced local General Practitioners with specific expertise in this field they are not however, consultants or plastic surgeons.

If you will be claiming the cost of your procedure from your private medical insurance, you are advised to check with them about this before booking.

Locations
We hold our clinics in local GP practices which all have access to free parking. The locations are spread throughout Bristol, South Gloucestershire, North Somerset and Gloucestershire. For specific clinic locations head to our website, www.gpcare.org.uk.

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